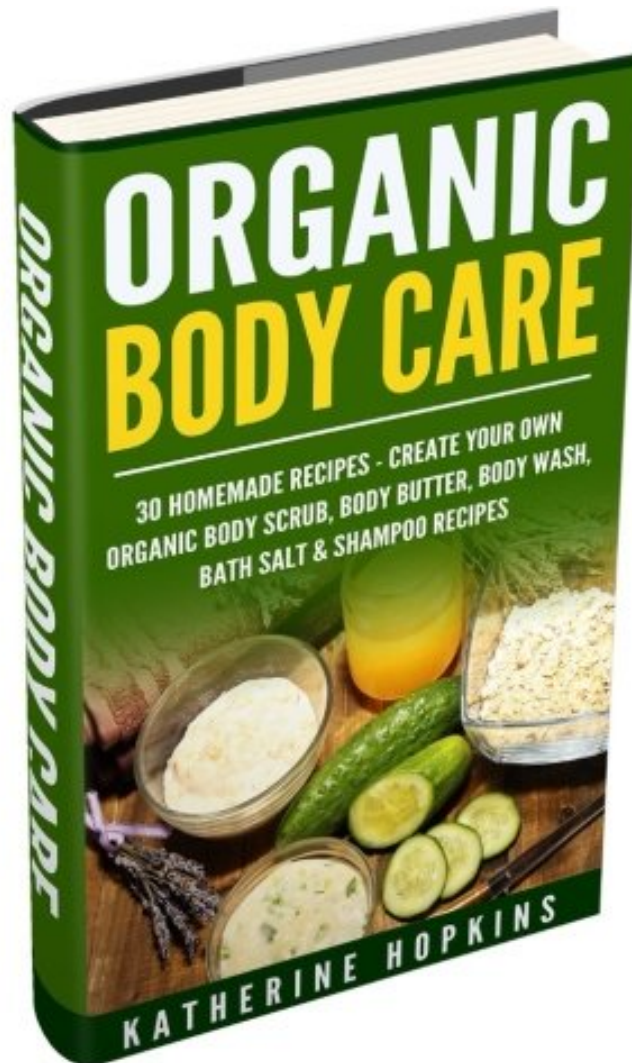


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Organic Body Care: 30 Homemade Recipes: Create Your Own Organic Body Scrub, Body Butter, Body Wash, Bath Salt Shampoo Recipes

Katherine Hopkins

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Katherine Hopkins : Organic Body Care: 30 Homemade Recipes: Create Your Own Organic Body Scrub, Body Butter, Body Wash, Bath Salt Shampoo Recipes before purchasing it in order to gage whether or not it would be worth my time, and all praised Organic Body Care: 30 Homemade Recipes: Create Your Own Organic Body Scrub,

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1 of 1 people found the following review helpful. Don't waste your money!!!By Tom BichardThis book is the most irresponsible pile of trash I have ever had the misfortune to buy! Firstly, as previously posted although the advertisement is a picture of a book, the "book" you actually get is a glorified pamphlet. However, the garbage that is actually listed as recipes is actually illegal and I am surprised this book hasn't been pulled. The author makes multiple health claims, states categorically that organic equals safe (when dealing with essential oils this is criminally erroneous advice!!!), has recipes for pregnant women and absolutely no mention that they could cause harm due to the hundred or so drops of essential oil called for! Not one word is devoted to using these highly potent oils safely!!!! Shame on them!0 of 0 people found the following review helpful. ehhBy a real live personSo it is not a book it is a pamphlet a brochure of sorts if you will. It is not the book pictured. It is not a hard cover book.0 of 0 people found the following review helpful. Five StarsBy Dianne L. Charles W. Barnett Sr.Good product, reasonably priced, expedient delivery, Positive purchasing experience.

Organic body care: 30 homemade recipes create your own organic body scrub, body butter, body wash, bath salt and shampoo recipes. Do you want to have soft, glowing, healthy skin and gorgeous, tangle-free hair? Do you want to follow a highly effective body care routine? If yes, then the first thing you will have to do is stop using body care products containing harmful chemicals. Are you wondering what would be the right replacements for those products? We would suggest you to go organic. You must be aware of the fact that during the last few years, the organic industry has experienced significant upsurge. With every passing day, more and more people are replacing conventionally grown fruits, vegetables, meat, and dairy products in their diet with organically produced food items. Similar changes have been witnessed even in the beauty industry. Today, most of us are not oblivious about the ill effects of using chemical-based body care products and beauty products made using conventionally produced natural ingredients. If you are not sure why we are asking you to stop using skin or hair care products made using conventionally produced natural ingredients, heres our answer. Standard methods of growing herbs and other natural ingredients involve use of pesticides and herbicides, which contain multiple harmful chemicals. So, beauty products formulated using those natural ingredients tend to contain remains of the perilous chemicals. Organic body care products, on the other hand, are absolutely devoid of any chemical as natural ingredients used to make them are produced without application of any pesticide or herbicide. This book contains a huge collection of recipes for homemade beauty products. You will get the majority of the ingredients in your kitchen and the rest can be obtained easily from stores in your area. We feel preparing your own organic body care products is the most feasible option as the ones available on the market are exceedingly expensive. Read the recipes, try them out and get rid of all the hair and skin problems you have. Take care, stay beautiful. What are the recipes inside? 1. Body Butter for Excessively Dry Skin 2. Bronzing Body Butter: (it will play dual role of body butter and an organic bronzer) 3. Anti-Stretch Mark Body Butter: (for teenagers, people looking to lose weight and pregnant women) 4. Anti-Cellulite Body Butter 5. Body Butter for Sensitive Skin 6. Body Wash for Babies 7. Body Wash for Undernourished Skin 8. Body Wash for Sensitive Skin 9. Moisturizing Body Wash 10. Glycerin and Lemongrass Body Wash 11. Honey and Sugar Scrub 12. Milk and Almond Scrub 13. Candy Cane Scrub 14. Aromatic Green Tea Scrub 15. Aromatic Vanilla Scrub 16. Sugar and Lemon Scrub 17. Sugar and Banana Scrub 18. Satsuma and honey sugar scrub 19. Sugar and Mango Scrub 20. Coffee and Coconut Scrub 21. Fruity Sea Salt Scrub 22. Anti-dandruff Shampoo 23. Shampoo for Dry Hair and Scalp 24. Shampoo for Oily Hair and Scalp 25. Shampoo to Prevent Hair Loss and Promote Hair Growth 26. Lavender Bath Salt 27. Rosy Bath Salt 28. Citrus Bath Salt 29. Goat Milk Bath Salt 30. Mustard Bath Salt